



VINELAND PUBLIC CHARTER SCHOOL PSL - Early Childhood Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
January 1, 2018 HOLIDAY BREAK	January 2, 2018 HOLIDAY BREAK	January 3, 2018 *BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE ^ Wango Mango Juice Applesauce Cup Syrup 1% White UHT Milk UHT- FAT FREE CHOC MILK (54/8OZ)	January 4, 2018 *NATIONAL SPAGHETTI DAY* SPAGHETTI & MEATBALLS^ Green Beans Blended Fruit Juice Milk Choice-1% Fat Free	January 5, 2018 CHICKEN RANCH FLATBREAD ^ Garden Vegetables Mixed Fruit Cup Milk Choice-1% Fat Free
January 8, 2018 COUNTRY CHICKEN COMBO ^ Applesauce Cup Milk Choice-1% Fat Free	January 9, 2018 HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Diced Peaches Mustard Ketchup (2) Milk Choice-1% Fat Free	January 10, 2018 Chef's Choice Milk Choice-1% Fat Free	January 11, 2018 CHEESE PIZZA ^ Broccoli Fresh Fruit Milk Choice-1% Fat Free	January 12, 2018 *BUILD A BETTER BURGER* RANCH TURKEY BURGER Hamburger Bun ^ Shredded Lettuce Pickle Chips Light Mayonnaise Pear Cup Milk Choice-1% Fat Free
January 15, 2018 MARTIN LUTHER KING JR.	January 16, 2018 *SPICE IT UP!*BAKED CHICKEN NUGGETS ^ French Fries Applesauce Cup Chipotle Ranch BBQ Sauce Ketchup Milk Choice-1% Fat Free	January 17, 2018 CHEESEBURGER Hamburger Bun ^ Whole Kernel Corn Mustard Ketchup Pineapple Cup Milk Choice-1% Fat Free	January 18, 2018 PEPPERONI PIZZA ^ Garden Vegetables Diced Peaches Milk Choice-1% Fat Free	January 19, 2018 *NEW ITEM* CHEESY CHICKEN VEG BOOYAH (STEW) Corn Muffin ^ Mixed Fruit Cup Milk Choice-1% Fat Free
January 22, 2018 Chef's Choice Milk Choice-1% Fat Free	January 23, 2018 *NATIONAL SOUTHERN FOOD DAY* CHICKEN DRUMSTICK W POTATO ROUNDS Corn Muffin ^ BBQ Sauce Ketchup Blended Fruit Juice Milk Choice-1% Fat Free	January 24, 2018 TACO MEAT Soft Tortilla ^ Garden Vegetables Diced Peaches Milk Choice-1% Fat Free	January 25, 2018 *MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN ^ Romaine Salad Cucumber Coins Light Ranch Dressing Fresh Fruit Milk Choice-1% Fat Free	January 26, 2018 DELI SUB SANDWICH ^ Tropical Veggie Juice Mixed Fruit Cup Light Mayonnaise Milk Choice-1% Fat Free
January 29, 2018 CHICKEN NUGGETS WITH POTATO ROUNDS ^ Applesauce Cup BBQ Sauce Ketchup Milk Choice-1% Fat Free	January 30, 2018 TOASTY TUESDAY** TOASTED CHEESE SANDWICH ^ Tomato Soup^ Mixed Fruit Cup Milk Choice-1% Fat Free	January 31, 2018 SALISBURY STEAK W/GRAVY AND MASHED POTATOES Sliced Bread ^ Pear Cup Milk Choice-1% Fat Free	February 1, 2018	February 2, 2018

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Yum!

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